

Immaculate Conception Convent School

Vineet Khand-6, Gomti Nagar Lucknow

Affiliated to ICSE & ISC Board

Immaculate Waves

A fortnight Magazine

vol.25.7.1



ARTICLES
BY
PRINCIPAL
&
TEACHERS

POEM'S,
STUDENT'S
CONDUCTED
ASSEMBLY

CREATIVITY
WORKS,
PAINTING,
ART





Written by Principal

SET YOUR PRIORITIES IN LIFE ROCKS, PEBBLES, AND SAND

.....

Once a professor entered the classroom with a glass jar, rocks, pebbles, and sand. The students were amused to see what he was up to. First, he started filling the rock parts into the jar until he couldn't add any more.

He asked the students if the jar was full and everybody nodded yes. He then started putting the pebbles inside the jar which went inside through the small gaps and he shakes the jar to allow the pebbles to get into those vacant spaces in between the rocks.

He asked the same question to the students and they again said that the jar was full. Finally, he poured the sand inside the jar which went through the minute gaps

and got filled in the jar.

The professor explained that this is how you should set priorities in life. Rock is like your family, while pebbles are like your career while sand is like the least priorities in life and unnecessary quarrels and egos.

If you put sand on the jar first, it will get easily filled up leaving no space for rocks and pebbles.



MORAL: YOU SHOULD IDENTIFY YOUR PRIORITIES IN LIFE AND DEVELOP A GOOD STRATEGY TO WORK TOWARDS FULFILLING IT RATHER THAN WASTING YOUR TIME AND EFFORT ON UNNECESSARY ASPECTS OF LIFE.

STAY SAFE



Written by
Our Teacher
Ayushi Srivastava



PROACTIVE Vs. REACTIVE

For us to know how to be proactive and not be reactive, we first need to know what these terms mean. When we are reactive to problems, we react to previous events instead of attempting to anticipate future ones. When we decide to be proactive, we choose to act on a situation before that situation becomes a crisis.

Instead of waiting for the events to occur and having to handle the crisis unprepared, why not to engage in strategic planning from the beginning with intent to anticipate problems and come up with solutions.

Short term thinking is an antagonistic to the idea of being proactive because today's short term goal should at one point have already been yesterday's long term goal. Most of the people often fail to see the big picture which is one of the core elements of proactiveness.

In order to be more proactive you must seek to understand others. This will help you to understand the people around and their likings, challenges, aspirations and frustrations. You gain important insights on how to adjust with them. Be compassionate, loyal and full of integrity because these attributes will help you show your community that you are committed to understand their temperament.

व्यायाम का महत्व



निरोगता का इलाज जो चाहो, ताकत का भंडार जो चाहो।
तो प्रतिदिन करो सुबह व्यायाम, सुखी रहोगे आठों धाम।।
चिंता को है मन से मिटाना या आलस्य को दूर भगाना।
इष्ट पुष्ट शरीर हो पाना या हो बनाना बुद्धि का खजाना।।

सीधा साधा एक है काम, प्रतिदिन करना है व्यायाम।

व्यायाम से बढ़ती पाचन शक्ति, कम होती शरीर की चर्बी।।

चिड़चिड़ेपन को यह घटाता, कार्य शक्ति को भी है बढ़ाता।

बिना स्वास्थ्य के मन बेकार, बिना स्वास्थ्य के तन बेकार।।

किया जो न प्रतिदिन व्यायाम, बन जाओगे रोगों का शिकार।

बहुत आवश्यक यह व्यायाम, जीवन का है यह आधार।।



Teacher:- AYUSHI SRIVASTAVA

POEM



*When this world gets dark and empty,
When you feel that you are guilty,
When this realm becomes the epitome of melancholy,
You are your ultimate buddy.
People when they shun you hard,
Accused you are to have a frozen heart,
Think not you are alone in the fight,
It is you yourself standing by your side.
Leaves in autumn have to fall,
Time brings the mightiest trees to crawl,
But like the constant change which always thrives,
It will always be you yourself standing by your side.*



WRITTEN BY:- AYUSHI SRIVASTAVA

ASSEMBLY CONDUCTED BY STUDENTS

WITH A SKIT

SWEETNESS OF LIFE

Reopen of school

Immaculate conception convent school reopened on 26 july after a long summer break with a new enthusiasm with enlightened moods and healthy minds with a new spark of mind and body the children came to school and pledged to make their best, the teachers of immaculate are more persistent to make their students well behaved and respected and clear all the teaching doubts, with a new year ahead Immaculatians are happy to be back to school and to be having greater opportunities to showcase their talents



YOGA DAY CELEBRATED DURING THE ASSEMBLY



VAN MAHOTSAV

Van mahotsav week is celebrated in the first week of July to spread awareness about forest. Students of class 6th presented a street play to create awareness among the students. Tree plantation is an integral part of Van Mahotsav. The principal, teachers along with the students planted saplings in the school premises as a gesture to show our commitment and sense of responsibility towards making the earth green and beautiful. Finally the event of the day came to an end with a fervent prayer for a better and greener tomorrow.



The Fireless Cooking Competition took place on 7th of July.

The event gave a chance for the students to demonstrate culinary knowledge and skills related to following a recipe, preparation of a dish, hygiene, displaying the food creatively and enjoying the process.

Students used a lot of creativity and served the delicious to enhance the taste buds. Students served dishes and drinks like- Bhelpuri, Papdi chat, Mojito, Fruit salad, Veg mayo sandwisch, Nachos and many more.





POEM

ONE AIM, ONE DESTINY
WHAT I'M DOING IS MY WORK
AND WHAT I'M GETTING IS THE RESULT

SOMETIMES I THINK I SHOULD GIVE UP,
BUT AGAIN WHEN I THINK I SAY JUST LIVE UP.
I'M A GIRL I CAN DO ANYTHING THEY JUST SAY,
BUT DON'T FOLLOW THE SAME THAT THEY MAY.
JUST LIVE UP DON'T GIVE UP.

THEY THINK WHAT PEOPLE WILL SAY,
THEY DON'T THINK WHAT THEIR MIND SAYS
JUST DO WHAT YOU WANT
DON'T FOLLOW OTHERS AIM.
JUST LIVE UP DON'T GIVE UP.

IT'S YOUR LIFE NOT OTHERS,
IT'S YOUR FIGHT NOT OTHERS
YOU'RE THE SISTER, YOU'RE THE MOTHER, YOU'RE
THE DAUGHTER EVEN OTHERS DON'T BOTHER.
JUST LIVE UP DON'T GIVE UP.

Kanak Shukla
Class -7th A

CREATIVITY WORK





Fox - Graphic design



*by Tanush
Maurya*

Class 7-B

MADE BY:- TANUSH MAURYA

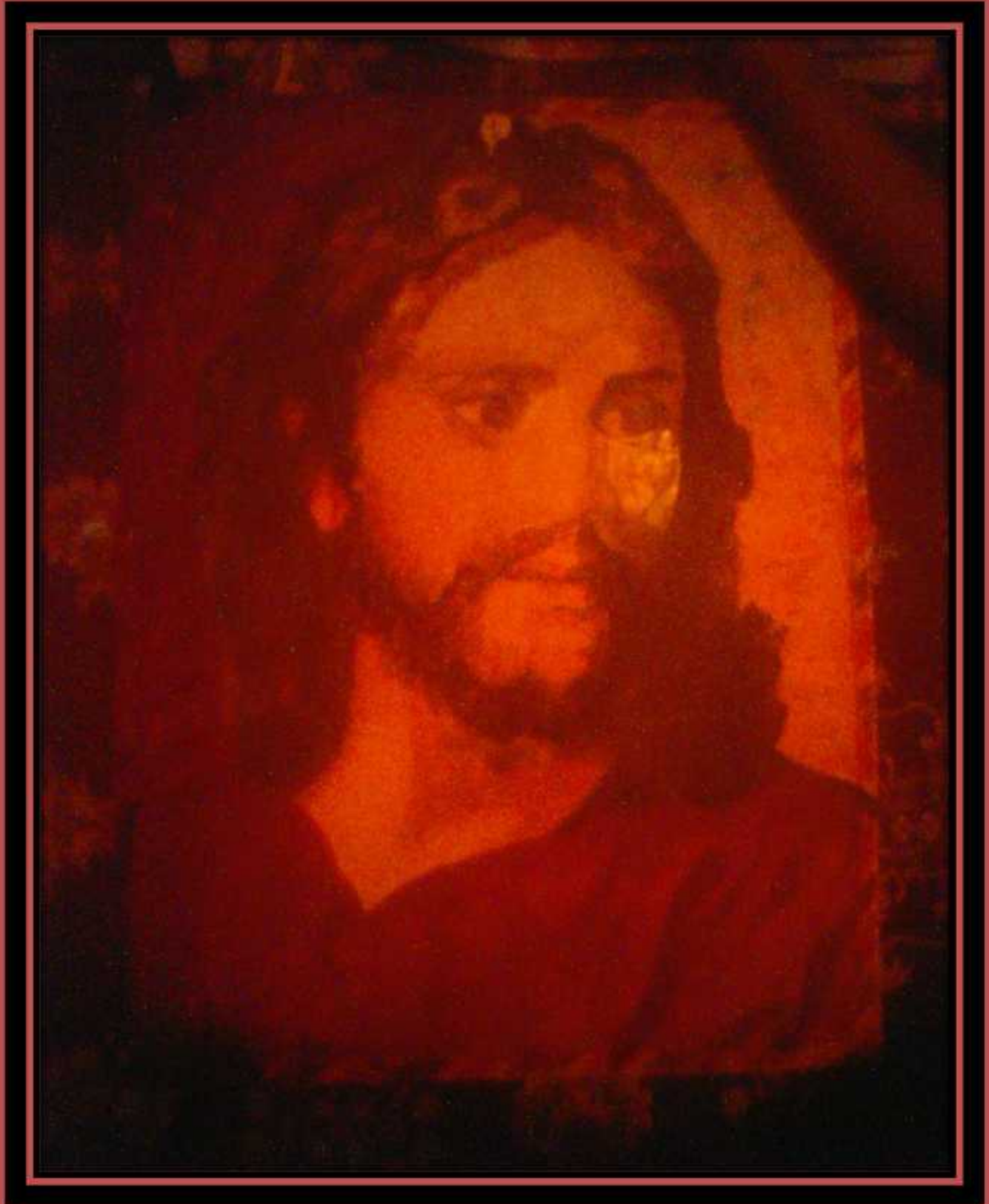


MADE BY:- BHAAVYA VERMA
CLASS:-IV-B



MADE BY:- ANSHIKA
CLASS:-VII-A

MADE BY:-**SIR. JOHN WILSON**



HAPPY FEAST DAY, OUR DEAR
Lady of Mount Carmel

"Whosoever dies
wearing this
SCAPULAR
shall not suffer
eternal fire."

*Promise of Our Lady
made on July 16, 1251
to St. Simon Stock*

